
Leininger's Culture Care Theory

Question A

Leininger's Culture Care Theory has a significant influence on the nursing practice for healthcare practitioners. According to Leininger's Culture Care Theory, healthcare practitioners need to possess theoretical knowledge and comprehension alongside practical skills to ensure holistic care to culturally diverse patients (Busher Betancourt, 2015, p.1). The theory recognizes the multicultural diversity of patients across different settings, thereby necessitating nurse practitioners to embrace cultural congruency in delivering patient care. Since patients possess culturally diverse affiliations and attributes, Leininger's multicultural care theory focuses on ensuring practitioners offer care services congruent with the patient's beliefs and values (Indra, 2018). Indeed, nurses can embrace the theory by developing a nursing plan compatible with the patient's cultural background to improve their health outcomes.

Additionally, nurses can endeavor to develop cultural awareness while seeking knowledge relating to patient cultures to build trust in the patient-nurse relationship. Nurses can also embrace the theory by educating patients on medical practices and aligning with the intended care outcomes. As such, health literacy promotion would improve health outcomes while avoiding the potential biases arising from cultural assumptions. Further, Leininger's Culture Care Theory calls for active listening and comprehension of a patient's condition, focusing on the lens of their cultural background (Indra, 2018). While recognizing the potential for meeting marginalized and disadvantaged populations, nurses can embrace the theory in assisting patients through cultural care re-modeling. Nurses can endeavor to assist patients in restructuring their underlying beliefs while ensuring they can adopt appropriate cultural practices that aim to improve their health outcomes. Therefore, nurses are

responsible for enhancing cultural care accommodation while negotiating with the patients on the positive aspects of their positive health.

Leininger's Culture Care Theory strategically fits my nursing care practice in various ways. First, working in a multicultural region provides an opportunity to meet diverse patients from different cultural backgrounds. The initiation of a positive patient-nurse rapport and relationship arises from understanding their cultural beliefs and traditions. Since patients ascribe to different customs and values, applying a culturally-fit nursing intervention provides an opportunity to realize positive health outcomes across the population effectively. Second, the theory informs on evidenced-based practice standards for working with culturally diverse patients within the healthcare facility. The multicultural approach provides a means of developing appropriate communication perspectives for enhancing nursing improvements. The theory embeds suitable culturally-specific knowledge in my practice while working to improve the health outcomes for the patient populations. It would be possible to understand a patient's perception relating to their cultural affiliations while also designing the healthcare intervention plans to match their needs.

Third, socially and racially disadvantaged patients seek treatment within the local healthcare facility. While realizing the impact of marginalization in seeking healthcare treatments, the theory provides an in-depth perspective to handling the situation. Since the theory appreciates an individual as a product of their social and environmental affiliations, it is possible to enhance consideration for holistic aspects in promoting care outcomes within the healthcare environment. As such, the theory provides an opportunity for promoting culturally sound decisions within care planning. Further, health practitioners need to collaborate with patients during their treatment. Thus, the theory best fits my professional practice owing to its all-inclusive strategy and approach to improving the patient and overall healthcare outcomes within a population.

Question B

Clara Barton, an American nurse, born in 1821, is considered an influential individual in the 19th century.

Florence Nightingale, a British-born nurse and social reformer in 1820, had significant contributions in the healthcare and nursing fields (Benton et al., 2020).

Both Clara Barton and Florence Nightingale endeavored to improve healthcare outcomes for individuals through their involvement in the healthcare field in different ways. Clara Barton worked as a records worker during the American civil war until she realized the suffering of the troops during her stay in Washington DC (Strickler, 2018, p.44). Through her involvement and need for care, Clara Barton endeavored to deliver care supplies in reducing the suffering of the troops involved in the war. During the war, Clara Barton ensured the wounded soldiers and victims of war received medical supplies and requirements in Baltimore town to increase their resilience during the difficult period. Clara responded to the psychological and medical needs of all the victims and individuals injured in the war while assisting in the location of missing persons during the distribution of supplies. Clara Barton's initiatives and involvement resulted in the creation of the American Red Cross that has become an instrumental humanitarian service since the year 1881 (American Red Cross n.d.). Barton's role in founding the Red Cross has provided an opportunity to ensure individuals receive appropriate care and support during calamities regardless of their affiliations.

On the other hand, Florence Nightingale was a founder of modern nursing across the healthcare field with critical significance in promoting healthcare outcomes. Florence Nightingale advocated for patient rights by promoting evidence-based care with a concept for holistic nursing within the healthcare environment (Dumitrascu, David, Dumitrascu, & Rogozea, 2020, p.429). Florence Nightingale contributed to the redefinition of nursing practices and principles in the provision of nursing education. Nightingale noted that the increasing prevalence and occurrence of diseases necessitates nurses to recognize the need to promote infection control and prevention while augmenting her statistical knowledge on influencing the use of data to enhance clinical practice. Additionally, Nightingale focused on improving the healthcare working conditions while ensuring an improvement in hygiene conditions as a basis for improving patient outcomes.

Indeed, the two nurses have provided a great opportunity in the modern-day nursing practices and standards. In my practice, the nursing individuals and influences, Barton and Nightingale, have enhanced my approach to persistence and commitment in the provision of healthcare. The obligations undertaken by Barton and Nightingale have enhanced my approach to sustaining care in light of the dynamic healthcare challenges. Their contributions have improved my perspective on the utilization of evidence-based care within my practice. Their perspectives provide a means of reflecting on the nature of care provision during critical situations.

The nursing contributions also enhance the evaluation of different population conditions while implementing the best strategies in alleviating their suffering. For instance, Clara Barton's contribution to initiating the Red Cross organization has inspired my desire to sustain its agenda and mission among the suffering and marginalized populations. Despite the societal inequalities that may result in healthcare inequalities, these nurses remained motivated to find a solution for the underprivileged persons receiving specialized care.

Besides, Florence Nightingale's role inspires my quest to continuously seek professional nursing education regarding the arising pandemics and diseases. As such, Nightingale's perspectives on formal education motivate my daily obligation to advance my knowledge in creating a positive impact on population health.

Question C

State Board of Nursing are agencies that undertake to develop and set standards for regulating safe nursing care while ensuring conformance with the nursing practices. The American Nurses Association has a functional responsibility of representing the interests of nurses across America while promoting high standards of nursing practice. While the State Board of Nursing is specific to each state across America, the American Nurses Association undertakes a holistic responsibility for all nurses across the United States.

First, the state board of nursing evaluates the licensing applications and renewals for nurses within various states and areas of jurisdictions (Graduate NursingEdu.org, 2019). Second, the state boards approve the use of specific nursing examinations within different states. Third, the state boards act as advisory bodies to the

legislative process involving the legal practice in nursing. Across different states, the state boards endeavor to improve legislation on nursing practice while promoting evidence-based practices within their states (Registered Nursing.org, 2018).

The American Nurses Association (ANA) is responsible for enhancing high standards within the nursing practice and endeavors to ensure nurses adopt ethical standards in care provision (Nursingworld.org, n.d.). Again, the ANA ensures nurses receive psychological and emotional support for enhancing their overall well-being while also advocating for improving aspects that may improve nurses' well-being.

While the state board of nursing has enhanced my accreditation in practicing as a nurse in Alabama, I can practice across different healthcare facilities and institutions through licensing. Elsewhere, the ANA has enhanced my national recognition as a nurse with my membership in the organization. The ANA has fostered improving my well-being as a nurse while supporting my quest to pursue leadership change to promote healthcare outcomes. The two bodies have empowered my potential in pursuing my healthcare practice and improvements.

While seeking nursing renewal for Alabama State, an individual must have previously practiced with a valid licensure. The individuals need to provide their employment details through a form highlighting their previous placement and completion of specific practice hours. Further, a nurse must make their online renewal application between September and November each year while making the relevant statutory payments through the online portal (Alabama Nursing Board, 2021).

Violations of the Alabama Board of Nursing standards result in investigations in which the culpable individuals may face disciplinary action. The individual may face public reprimand, including a fine or revoking their reinstatement as a nurse practitioner in Alabama. Thus, the magnitude of an individual's offense determines the disciplinary action relating to the violation in Alabama.

Alaska is a non-compact state requiring nurses to have completed an accredited program in Alaska. The individual needs to register for the NCLEX examinations in Alaska. Besides, one presents their essential documents for confirmation and state identification (Alaska Board of Nursing, n.d.). After verification and

authentication, an individual is accorded an opportunity to serve in their professional experience in Alaska. With the certification, the registered nurse has a single mandate of practicing specifically within the Alaska state. On the other hand, Alabama is a non-compact state that allows individuals to acquire their nursing practice licenses with an opportunity for making applications to practice as nurses in another state. However, the registered nurse has to prove their competency through the subjection to specific examinations.

Question D

The Food and Drugs Administration (FDA) and Centers for Medicare and Medicaid Services (CMS) are U.S. agencies tasked with the responsibility of standardizing nursing practice for patient safety.

The two agencies exhibit various functional differences in their responsibilities. First, while the FDA endeavors to enhance the security and efficiency of drugs, CMS provides citizens with critical information regarding the side effects of medication and the impact of medication abuse on their health (Centers for Medicare and Medicaid Services, n.d.). Second, while the FDA emphasizes drugs, the CMS focuses on ensuring individuals receive appropriate prescriptions for their medication, thereby reducing their medical costs. Third, the FDA undertakes to enhance food and drug quality regulation to improve healthcare outcomes (Food and Drug Administration, 2021). The CMS enhances the initiation of programs focusing on improving healthcare outcomes and opportunities for individuals.

The two agencies, FDA and CMS, have been critical towards regulation my practice and character as a nurse practitioner. First, with the FDA providing nurses with relevant data relating to foods and drugs essential to the safety of patients, it is possible for nurse practitioners to solidify their comprehension of the underlying medications and requirements. As a practitioner, the FDA provides an opportunity to practice and enhance patient safety through appropriate prescriptions and choices to improve patient outcomes. Moreover, the programs and innovations undertaken by the FDA have provided an opportunity to implement evidence-based care within my nursing practice and consequently improve care outcomes.

Elsewhere, CMC has provided an opportunity for nurses to enhance care coordination with different healthcare facilities, thereby enhancing better outcomes. Through the provisions of CMS, it has been possible to effectively improve the provision of high-quality care to patients (Salmond and Echevarria, 2017). Practitioners rely on healthcare information available through the CMS reports and requirements in strengthening the programs for efficiency. The information received is critical for enhancing advocacy for patients by equipping them with critical information appertaining to healthcare services. The CMS creates an opportunity for nurses to reduce cases of increasing hospitalization costs for patients across different healthcare institutions.

Nurses play a critical role in advocacy while ensuring they advance patients' interests while implementing and utilizing alternative therapies. While realizing the diversity among patients and the need to enhance their approval, it is imperative to maintain communication in reducing anxiety. First, nurses undertake to strengthen patients' agendas during meetings and forums aimed at implementing healthcare policy. The nurses protect the patient's rights while giving them a voice to improve their outcomes. In my practice as a nurse, undertaking patient advocacy through promoting their safety enhances positive outcomes.

Second, nurses endeavor to ensure they link the patients, healthcare system managers, and institutions, thereby providing critical information appertaining to best practices for improving health outcomes (Mattingly and Simoni-Wastila, 2017). As a nurse, it is imperative to communicate with patients to provide assurance relating to the health outcomes within their practice regions. Third, nurses enhance patient safety by enhancing communication and collaborations critical to improving outcomes while utilizing alternative therapy. As a practitioner, it is imperative to coordinate patient care with different case managers and practitioners relating to the patient's needs in line with the alternative therapy. Further, practitioners connect patients to vital health resources either within or outside the hospital in supporting their recovery process, including the alternative therapies (Sundqvist et al., 2018). My practice responsibility would include linking patients to support networks, financial assistance, and care services aiming to improve the conditions. Therefore, with alternative therapy posing a cultural challenge for individuals, enhancing communication effectively and maintaining positivity while initiating the treatment is critical.

Question E

The Nursing Practice Act (NPA) regulates and enhances public protection while seeking healthcare services against incidences that may pose health risks to their welfare within a specific state. The Nursing Practice Act endeavors to develop standards for assessing the competency of nurses during licensure while monitoring their practice as nurses across the state. In Alabama, the NPA accords the board of nursing as administrative responsibility of regulating the nurse performance while balancing the advocacy for patients' rights and public health protection (Alabama Board of Nursing, n.d.). Through the Board of Nursing in Alabama, NPA regulates the licensing of nurse practitioners through the administration of examinations and attestations of compliance and conformance with the statutory requirements. Also, the Alabama NPA provides for the development of nursing education programs that align with the state health requirements and the international standards. NPA recognizes the need to equip nurses with critical knowledge and expertise in handling different health conditions within and outside the state.

The act fundamentally enhances scholarship opportunities for nurses advancing their careers, thereby augmenting their practice across Alabama State. Additionally, it attempts to ensure nurse practitioners receive adequate education on sustaining their practice while addressing challenging situations. Further, the Act in Article VII provides for enhanced nurse licensure for application in compact states. The act appreciates the need to improve outcomes beyond the state boundaries (Alabama Board of Nursing, n.d.). Thus, it outlines conditions for Alabama nurses to meet in effectively realizing positive health outcomes in the healthcare system. In regulating the nursing conduct, the act also embraces disciplinary actions for any violations from registered nurses within Alabama. The NPA act outlines the standards for initiating investigations and injunctive proceedings for violations.

Nurses registered under the NPA act in Alabama have a responsibility to abide by their professional practice and educational experience. Alabama's registered nurses need to possess the desired academic qualifications

and preparations in ensuring they can competently accomplish their responsibilities. Thus, the practitioners need to demonstrate competence, knowledge, and skills relevant to their specialty while exhibiting the ability to improve patient outcomes.

Additionally, Alabama RNs have an opportunity to further their nursing education while acquiring the relevant licensures critical to highlighting their commitment to abide by the statutory and state nursing legislations. Besides, the RN has a critical responsibility of protecting the patient's interests while advocating for the application and initiation of best practice standards of care. Registered nurses need to enhance cultural competence while providing care to patients across different settings. As such, practitioners need to advance best-practice standards in line with the statutory requirements and obligations.

According to the Alabama codes of practice, delegation for the registered nurses includes nursing activities that endeavor to support nursing situations that require collaboration while upholding accountability for various outcomes regardless of the assisting individual (Alabama Board of Nursing, n.d.). During their practice, registered nurses in Alabama are responsible for any unintended outcomes arising from the delegate responsibilities under their care. The nurses have a responsibility of developing accountable systems involving assessments and monitoring of conditions while enhancing communication throughout the delegation period in advancing best practices in care provision. The registered nurses need to ascertain the need and rationale for undertaking the delegation responsibilities in the care practice for patients under their care. Thus, the registered nurses have a role in ascertaining the competency and ability of the delegate as they act in the capacity of the qualified and licensed RN.

Question F

Scientist Nurses play a critical role in the healthcare environment, with the role of a scientist often imperative in the process of care provision. As a nurse practitioner, I undertake my responsibilities as a scientist. Nurses as scientists undertake to continuously collect medical information regarding patients as a focus on improving their

outcomes. The laboratory works, medical scans, operations, biopsies, and regular patient assessments provide an opportunity for developing hypotheses relating to the potential medical condition while drawing inferences for enhancing the best therapeutic approaches. While considering the hypothesis obtained from the patient's analysis, it is possible to effectively infer the appropriate medication and treatment approach that would best enhance a positive outcome. As a scientist, I undertake responsibilities including knowledge acquisition in enhancing the application of evidence-based practice. In my daily endeavors, I endeavor to acquire and develop new knowledge relevant and critical to the health concerns and disparities while promoting the progress towards acquiring the best medication for improving the population's health. Besides, I undertake to enhance communication by using the SBAR (Situation, Background, Assessment, and Collaboration) tool. The SBAR tool makes it possible to continuously improve quality improvement programs while advancing collaboration and communication with other health practitioners (Müller et al., 2018). Therefore, I would endeavor to apply my nursing knowledge to create healthcare improvement initiatives that enhance positive outcomes.

Detective Throughout their practice, nurses undertake the role of detectives through the clinical examinations of different patient conditions while elucidating the best approach to improving their health outcomes through a standardized set of procedures and practices (Byrne, 2019). I endeavor to understand how patients cope during my nursing responsibilities while comprehending any influential factors that may greatly impact their health outcomes. While the aspects of detectives and underlying investigative mechanisms may not directly correlate with my nursing responsibilities, I often enhance the utilization of assessment criteria to establish patient conditions effectively. Moreover, I undertake to ascertain and evaluate practice complaints relating to drug complications, unfair treatment against patients, medical misconduct, misdiagnosis, and violence related to detectives' roles. Throughout the processes, I attempt to find responses that would best enhance the implementation of positive interventions while reducing the patient or practitioner's vulnerability. Therefore, my responsibilities as a nurse include detective works that focus on averting negative practices within the healthcare settings.

Manager of the healing environment Nurse Managers are responsible for developing appropriate standards within the healthcare setting to promote positive health outcomes for patients while reducing practitioners' potential anxiety and stressful conditions. As a general nurse practitioner, it is integral to communicate and provide patients and their families reassurance of improving their conditions as their caregivers. Since patients experience difficult conditions while undertaking their responsibilities, nurses endeavor to nurture patients while enhancing their psychological improvements aiming to assist them recover (Seyedahmadi, 2019). As a nurse manager, I endeavor to bring along emotional and psychological therapy in the form of different perspectives after an assessment of the patient's conditions. In different situations, I utilize art or music therapy to assist in managing patient conditions during difficult situations. The approaches make it possible to enhance a positive healing environment with the patients in the ward environments. Thus, I endeavor to understand the patient while creating a version of themselves in achieving a healing environment within the care setting.

Question G

The American Nurses Association (ANA) highlights various provisions that guide the practice and nurse engagements.

Provision 2: Underscores nurse commitment to ensuring improvement of patients whether they are an individual, community, family, group, or societal population.

Provision 5: It highlights nurses' duty to others, including enhancing positive health and safety while safeguarding integrity, character, competence, and sustaining personal and professional growth.

Indeed, the two provisions of the ANA greatly influence my professional practice while shaping my approach and commitment to patient care. My focus has been on improving patient conditions while appreciating their socioeconomic and cultural background during my practice. As a health promoter, the provisions guide my practice in providing holistic care to patients while promoting their autonomy and independence in undertaking specific decisions relating to their healing process. Each time I encounter a patient, I endeavor to produce my

best while ensuring they recover and heal from their medical illness. Moreover, I endeavor to protect patients while promoting their safety throughout the treatment process and their hospitalization within the healthcare environment.

Besides, I endeavor to enhance patient confidentiality during our engagement while sustaining the patient-nurse relationship aimed at advancing the healing process. Thus, I endeavor to apply my expertise and knowledge while upholding their rights while appreciating their cultural differences. On the other hand, I focus on improving my attributes through professional development as a strategy in sustaining the provision of ethical and holistic care for patients. I often undertake the duty to care for myself through regular exercise to improve my health and well-being in recognition of the challenging work environment. While considering the critical role of personal and professional growth in the nursing field, my focus on competency-based care enhances quality during my patient care.

Patient misdiagnosis is a medical error that negatively impacts patient outcomes with severe cases resulting in fatalities. For instance, the wrong diagnosis of cancer symptoms in patients suffering from tonsillitis may result in the commencement of cancerous treatment and chemotherapy sessions that pose significant harm to a patient's condition. Despite the potential to rectify the situation, its consequences impact a patient's nervous and psychological outcomes and negative health implications.

The ANA provisions apply to medical errors. Provision 2 calls for the commitment to a patient's health. The provision highlights the need to focus on the patient while advancing the best treatment approach for patients. In upholding the provision, I would endeavor to ensure that I undertake numerous tests while initiating referrals through collaboration with other doctors and practitioners before commencing treatment for the patient. In most cases, the failure to conduct comprehensive tests results in patient misdiagnosis. As an approach in averting the occurrence, I would recommend further tests before any treatment commences.

Nonetheless, in case of a wrong diagnosis for a patient, I would endeavor to assist them in detoxing the medication in their body system, focusing on preventing the side effects of the medicine. I would continuously reassure them of the alternative therapy I use in reducing the adverse drug effects. Further, provision 5 calls for

the duty to protect others through maintaining competence. While considering the severity of misdiagnosis, I would endeavor to provide assurance to the patient in light of the advanced therapeutic medication. It would be essential to communicate to them the new course of treatment.

Question H

Excellent communication skills, critical thinking, emotional intelligence, and integrity are important leadership skills in nursing.

As a bedside leader, excellent communication skills are essential as it endeavors to comfort the patient while assisting them in interpreting the medical terminologies and concepts undertaken during their treatment.

Besides, communication provides an opportunity for clarifying any issues while building trust between the patient and nurse in their relationship. Second, critical thinking skills are imperative for a leader at the bedside as they assist in enhancing quick decision-making relating to the therapeutic process. Since the patient may experience challenging conditions, the bedside leader needs the ability to interpret and suggest solutions for improving their health quickly. Third, emotional intelligence enhances the development of the practitioner-patient relationship, thereby enhancing the resolution of conflicts that may arise during the course of treatment. Practitioners need to recognize the impacts of their reactions during the treatment process for patients. As such, the leadership skill improves their ability to respond and enhance situational awareness effectively. Fourth, integrity is an essential leadership skill for bedside nurses. Patients experience distressing conditions which could impact the practitioner's ability to handle them. Despite the upsetting circumstances, bedside leaders need to uphold high standards of ethical practice while promoting honesty while advancing patient-centered care. In the nursing team, critical thinking enhances the ability to brainstorm different ideas and effectively develop comprehensive solutions to underlying problems within the teams. Thus, interdisciplinary teams can improve the promotion of multiple ideas that could enhance an improved focus on resolving the underlying medical issues and problems within the healthcare setting. Again, communication skills enhance the clarity in conveying

ideas within the nursing team. In most cases, nurses work in cohorts or teams that endeavor to improve specific situations. Through the ability to communicate clearly and professionally within the team, it is possible to achieve more outstanding outcomes in health promotion, advocacy, and policy recommendations for improved population health.

Further, emotional intelligence is vital as individuals within a team possess different ideologies and perspectives on a given idea. While collaborating with interdisciplinary teams, nurse practitioners generate diverse and conflicting ideas that could impact their relationships. Nonetheless, the team members must remain aware of their emotions and implications given their impact on sustaining positive health effects. Integrity as a leadership skill provides an opportunity for ensuring interdisciplinary team members abide by their recommendations while also embedding ethics within their professional practice.

Indeed, my work environment as a general health practitioner greatly influences nurse leadership, decision-making perspectives, and professional development. First, I have an opportunity of meeting numerous persons, including individual patients, families, and groups. Through the meetings, I have acquired excellent leadership skills critical for sustaining my health practice. While working with different people could be stressful due to the different demands that impact an individual's emotional cognizance.

Second, the work environment has an impact on decision-making. Given the diversity of patient cases, there is a need to undertake critical decisions relating to patient care, including using specific therapies in the patient recovery process. As such, the work environment necessitates a proactive focus on making significant decisions for patients.

Third, professional development is critical for general nurse practitioners as it provides an opportunity to employ evidence-based practice while incorporating the latest research in the nursing practice. Having undertaken various professional development programs, I have experienced an improvement in my practice and patient engagements, thereby increasing their satisfaction within the healthcare settings.

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