
Foundational Neuroscience

Agonist to Antagonist Spectrum of Action

Agonists are medications that exhibit both affinities such that they link to the identified receptor and fundamental efficacy in that they affect receptors' function to produce a response (Weir, 2020). In reflection, antagonists have an attraction but no actual effectiveness. As a result, they have no impact when they link to a designated receptor. Agonists and antagonists usually work in opposing ways; so, when the agonist gives an activity, the antagonist opposes it. According to Weir (2020), an agonist is a chemical that imitates the effect of a neurotransmitter, whereas an antagonist inhibits the neurotransmitter's actions. Between the functioning of agonist and antagonist, partial agonists exist whose duty is to increase the amplitude and consistency of ion channel opening as equivalent to the dormant state, though not as much as a complete agonist (Weir, 2020). The partial antagonists induce alterations in receptor feedback, causing the ion channel to open to a greater extent and more often than it would in a resting condition. This is, however, less than in the presence of a complete agonist. Weir (2020) argues that inverted agonists at ligand-gated ion channels are neither nonaligned nor suppressed in contrast to simple antagonists.

Actions of G Couple Proteins and Ion Gated Channel

The appropriate interplay of the many neurotransmitter receptors at pre and post-synaptic portions is required for well-structured neurotransmission. All animal cells include ion channels, which are membrane proteins. Controlling the electrical current throughout the membrane, facilitating neuromuscular and neural communication, cell signaling, and regulating secretion and smooth muscle contraction are essential physiological

functions of the ion channels (Weir, 2020). The G protein is a protein family that acts as a molecular regulator within cells, sending impulses from various stimuli outside the cell to its interior. G protein receptors govern various psychological activities, including pain sensitivity, cardiac output, smell, taste, vision, and neurotransmission (Gonçalves-Monteiro et al. 2021). Ion channels and G protein are related in that both are essential in the signal transmission that is utilized to deliver messages across receptors.

Role of Epigenetics

The epigenetic control of gene function has been proven to be critical in sustaining phenotypic cell activity. In epigenetics, a gene regulation system stimulates or suppresses gene expression without affecting the organism's genetic code (N'Diaye et al. 2020). Epigenetic modifications are beneficial in both the healthy and disease conditions of an organism, and the alternations comprise acetylation and methylation of DNA and histone proteins, along with chromatic modification. N'Diaye (2020) also stresses that the epigenetic control of gene activity is critical for tracking normal development and homeostasis, and it allows the organism to assimilate and react to environmental signals.

How this Information May Impact How I prescribe Medication to Patients

Many bipolar or schizophrenia patients find it challenging to adhere to the suggested medication. This concern is problematic since studies indicate that the more conservatively such individuals take their medications as prescribed, the less likely they will undergo deterioration or be hospitalized. Whenever a patient with bipolar illness comes in for treatment programs, the information mentioned above can assist me in identifying the sort of medicine to prescribe. This information can help me comprehend that antipsychotic drugs and mood stabilizers are required for the medication of bipolar illness in such a patient. Dopamine receptor partial agonists are a unique

family of antipsychotic medications with unique pharmacological qualities that physicians can administer to individuals with bipolar disorders.

References

Gonçalves-Monteiro, S., Ribeiro-Oliveira, R., Vieira-Rocha, M. S., Vojtek, M., Sousa, J. B., & Diniz, C.

(2021). Insights into Nuclear G-Protein-Coupled Receptors as Therapeutic Targets in Non-Communicable Diseases. *Pharmaceuticals*, 14(5), 439.

N'Diaye, A., Byrns, B., Cory, A. T., Nilsen, K. T., Walkowiak, S., Sharpe, A., & Pozniak, C. J. (2020). Machine learning analyses of methylation profiles uncovers tissue-specific gene expression patterns in wheat. *The Plant Genome*, 13(2), e20027.

Weir, C. J. (2020). Ion channels, receptors, agonists and antagonists. *Anaesthesia & Intensive Care Medicine*, 21(1), 62-68.