
Capstone Competency Paper 2

Use of Principles of Management and Delegation

Professional identity in nursing is attained when a nurse adopts and mirrors the essential standards of the nursing occupation, takes part in individual and expert growth, and acquires familiarity in the practice area while developing in the occupation (Mao et al., 2021). It is essential to begin developing an expert outlook in nursing school and I did this by assuming the essential standards of nursing via engaging with other students, patients and the nursing faculty. It is indeed essential to integrate clinical reasoning and critical thinking within these crucial values, as they enable me to begin thinking, feeling and performing like a nurse (Mao et al., 2021). Following graduation, nurses continue to nurture their professional development identity via interacting with other professionals in the hospital environment, and also through being mentored by skilled nurses and having an essence of teamwork with the inter-professional squad.

During my nursing program, I developed my special viewpoint of nursing that acted as a basis for my training. I described my opinions about nursing, the environment and health from a universal viewpoint, and established how compassionate associations facilitate health, curative and actual interaction and teamwork. As I advance in the nursing profession, I plan to become dynamically involved in specialized nursing establishments that elaborate values of clinical practice, teaching, management and study. Additionally, I plan to obtain advanced degrees and certifications that are in line with my career goals. Indeed, an essential aspect of competency is ongoing learning in nursing practice, and this might also be worth it when seeking nursing leadership positions in the future. Indeed, leaders usually embrace diversity, equity and inclusion, regardless of where the leadership role might present itself, for instance, at the bedside, management positions or academic settings (Mao et al., 2021). Finally, I desire to project a professional image as it enhances the credibility of a nurse. Undoubtedly, a welcoming expression and appearance, being compassionate and actively listening enhances relationship building.

Application of Principles of Leadership and Inter-professional Collaboration

The delivery of healthcare is gradually becoming more interconnected, hence making coordination among nurses, pharmacists, physicians and other social workers more important. Inter-professional partnership is simply the exercise of handling patient care from a team-based standpoint (Tai & Blair, 2022). The World Health Organization proposes that through employing inter-professional alliance and learning to work in harmony by acknowledging the perspectives of others in healthcare, numerous disciplines are able to work more effectively thereby improving patient outcomes (Tai & Blair, 2022). Indeed, inter-professional collaboration provides nurses with the chance to lead and influence change at various levels of care for instance the national, regional and local patient settings (Tai & Blair, 2022). Furthermore, collaboration gives provides the chance to work for boards of directors, administration commissions or consultative panels, hence enabling nurses to execute their roles in numerous means, with the ultimate goal of restructuring the healthcare provision organization.

I achieved principles of leadership and inter-professional collaboration through various means. First, I made an effort to attend classes of other departments in order to have more insight into various roles at the hospital setting. This helped me empathize with the various challenges faced by my colleagues from other disciplines. I also attended multidisciplinary rounds, as it was a simple way of improving communication between departments. I was able to ask questions, clarify and discuss patient outcomes with other healthcare providers. This ensured we were in the same page regarding what was best for the patient. Finally, since we spend majority of our time with clients, I shared what I had realized with the physicians and developed the best plan of care for every specific client. Working together with physicians as colleagues made it at ease to establish an associated and helpful hospital setting.

Integrated Evidence-Based Findings and Technology

One of the most crucial elements in modern-day medicine is evidence-based practice in nursing. This is simply the exercise of medicine grounded on concrete examination, and it observes standards for extreme value and protection, while concentrating on the requirements of the patient (Camargo et al., 2018). EBP offers a direct pathway to attaining the four aims of healthcare and studies have found that its implementation leads to higher job satisfaction, increased group cohesion and reduced job turnover (Camargo et al., 2018). Indeed, there are numerous EBP competencies for practicing nurses for instance questioning clinical practices with the aim of improving the quality of care, describing clinical issues using internal evidence, engaging in the formation of clinical questions using the PICOT format and searching for external evidence to answer focused clinical questions (Camargo et al., 2018).

In my practice, there are several ways I engaged in EBP and technology to improve the outcomes of my patients. In my daily practice, I ensured I maintained infection control techniques at all times. A hospital-acquired infection should be the last thing a patient wants when visiting the hospital, hence I incorporated techniques such as maintaining the healthcare setting uncontaminated, donning personal protective outfit, via barrier protections and of course, handwashing. When it came to administering oxygen to patients with COPD, I followed EBP, and this enabled me avoid hypoxia and organ failure. Through administering oxygen in the appropriate manner, I was able to enhance the quality of life of COPD patients, thus helping prolong their lives. Additionally, when it came to measuring blood pressure non-invasively in children, I did it according to EBP, since accurate measurements are paramount for effective therapy (Camargo et al., 2018). Indeed, this procedure is dissimilar with that of adults, as it includes the auscultatory technique then associating it with the information obtained from the oscillometric technique. There have been some great advances in evidence-based practice nursing in contemporary years, and it will remain to do so undoubtedly.

References

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